

## Important Reminders Checklist

### Arrival and Departure Requirements for Expeditions Starting in Punta Arenas

• **Air-Cruises:** travelers must arrive in Punta Arenas by 2:00 PM. Travelers who miss this deadline will not be able to participate in the trip, and no refund will be extended. On the last day of the expedition, travelers are strongly encouraged to book flights departing in the late afternoon.

• **Sea Voyages:** from 9:00 AM, make your way to Explorers House in Punta Arenas and enjoy the facilities. At 4:00 PM, a group transfer will take you to the port for embarkation.

We strongly recommend booking flexible airfare and avoiding tight flight connections.

### Arrival Requirements for Expeditions Starting in Ushuaia

Travelers must arrive at the ship between 3:00 PM and 4:00 PM. We strongly recommend avoiding tight flight connections. Travelers who miss this deadline will not be able to participate in the trip, and no refund will be extended.

### Baggage Allowance

The maximum luggage weight allowed on flights to and from Antarctica is 20 kg (44lbs) per passenger, with an additional allowance of 5 kg (11 lbs) for hand luggage. Luggage will be weighed. For trips starting and ending in Punta Arenas, luggage exceeding this weight limit can be left in custody with Antarctica21. This luggage custody service is not available for Antarctica Express Air-Cruises.

### Insurance

Participants must be adequately covered by a travel insurance policy that includes aero-medical evacuation from Antarctica. We also recommend that you are adequately covered by trip cancellation and interruption insurance as well as out-of-country medical insurance.

### My Expedition

Travelers are required to review the My Expedition portal at [myexpedition21.com](http://myexpedition21.com) prior to departure. The participation form should be submitted upon reservation and no later than 90 days prior to departure.

### Adventure Activities

Sea Kayaking and Hiking & Snowshoeing are available as optional adventure activities on selected departures. It is recommended to book the Sea Kayaking program at the time of reservation as spaces are limited, and the Hiking & Snowshoeing excursion can be booked on board.

### Contingency Plan

The “Contingency Plan” section of the brochure details the plan should unfavorable weather conditions impact the operation of the Antarctic flight. Travelers should review and understand these details in addition to the [Terms and Conditions](#).

### Multi-Entry Visas and Entry Fees

Travelers should check the entry requirements of the countries visited during their trip, based on their nationality. Please double-check with your local consulates if you need a visa to enter Chile and Argentina. In case you need a visa, a multi-entry visa is required.

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